

Spinal Cord Injury Resources



Table of Contents

National Organization.....	2
General Resources/ Foundations.....	3
Support Groups.....	4
Magazines/ Newsletters.....	5-6
Research.....	7
Assistive Technology.....	8-9
Adaptive Equipment.....	10-12
Recreation Leisure.....	13-16
Traveling.....	17-18

National Organizations

The National Spinal Cord Injury Association

75-20 Astoria Blvd
Jackson Heights, NY 11370
Phone: (718) 803-3782
<http://www.spinalcord.org/resource-center/>

American Spinal Injury Association

2020 Peachtree Road, NW
Atlanta, GA 30309
Phone: 404.355.9772
<http://www.asia-spinalinjury.org>

Greater Boston Chapter of National Spinal Cord Injury Association

New England Rehab Hospital
Woburn, MA 01801
Phone: 781.933.8666
<http://www.sciboston.com/>

Spaulding Rehab Hospital, 6th Floor
300 First Avenue
Charlestown, MA 02129
Tel: 617-952-5643
www.spauldingrehab.org

Paralyzed Veterans Association of America

801 Eighteenth Street, NW
Washington, DC 20006-3517
1-800-424-8200
www.pva.org

General Resources/ Foundations

Spinal Cord Injury Resources

www.makoa.org/sci.htm

Spinal Cord Injury Network International

www.spinalcordinjury.org

Christopher & Dana Reeve Foundation

636 Morris Turnpike

Suite 3A

Short Hills, NJ 07078

1-800-539-7309

www.christopherreeve.org

Support Groups

New Hampshire:

Granite State Independent Living

21 Chenell Drive

Concord, N.H. 03301

3rd Friday of each month from 5:30pm-7:30pm for group meetings and scheduled presentations.

Contact: Mark Race

Phone: 603-228-9680 ext 1306

www.Gsil.org

Massachusetts:

Boston Medical Center

7 West-Harrison Ave Campus

Boston, Massachusetts, 02111

3rd Tuesday of the month at 4pm

Contact: SCI Boston

Phone: (781) 933-8666

<http://www.sciboston.com/support.htm>

GBC Office on the 9th Floor at Spaulding Rehab Hospital

125 Nashua Street

Boston, MA 02114-1101

Group meets Every Thursday, from 4-5 PM (take elevator to 9th Floor, make a left off the elevator; second to last door on the right)

Contact: SCI Boston

Phone: (617) 573-2081

www.spauldingrehab.com

Magazines/ Newsletters

Facebook: New Hampshire National Spinal Cord Injury Association
<https://www.facebook.com/NHSpinalCord>

Ability Magazine

PO Box 10655
Costa Mesa, CA 92627
(714) 854-8700
www.abilitymagazine.com

New Mobility

75-20 Astoria Blvd
East Elmhurst, NY 11370
Customer Service: (800) 404-2898 ext. 7203
www.newmobility.com
The magazine for active wheelchair users.

Active Living

Disability Today Network
P.O. Box 2660
Niagara Falls, NY 14302
Tel: 800-725-7136
<http://www.disabilitytodaynetwork.com/webmag>
*DT Network is a revolutionary new way to bring our community together to
Discover New People, Products and Places.*

Paraplegia News Magazine

<http://pvamag.com/pn/>
For better wheelchair living.

Sports 'N' Spokes Magazine

<http://pvamag.com/sns/>

The magazine for wheelchair sports and recreation

MPower

www.mpower-sports.com

Mpower Sports and Recreation is a disability sports news network where journalists, photographers and filmmakers can tell the stories of our community.

Research

Christopher & Dana Reeve Foundation

636 Morris Turnpike
Suite 3A
Short Hills, NJ 07078
1-800-539-7309
www.christopherreeve.org

Spinal Cord Research Centre

<http://www.scrc.umanitoba.ca/>

The Miami Project to Cure Paralysis

1095 NW 14th Terrace Lois Pope LIFE Center
Miami, FL 33136
(305) 243-6001 or 1-800-STAND UP
www.miamiproject.miami.edu

John Hopkins Medicine; Project Restore

http://www.hopkinsmedicine.org/neurology_neurosurgery/centers_clinics/project_restore/

The National Spinal Cord Injury Association

75-20 Astoria Blvd
Jackson Heights, NY 11370
(718) 803-3782
<http://www.spinalcord.org/category/life-in-action/research/>

Assistive Technology

Able Data

103 W. Broad Street, Suite 400
Falls Church, VA 22046
1-800-227-0216

<http://www.abledata.com/abledata.cfm>

AbleData provides objective information about assistive technology products and rehabilitation equipment.

All-Ways Accessible

128 Hall St, Suite F
Concord, NH 03301
1-800-684-0270

www.awalifts.com

All-Ways Accessible, Inc. specializes in the sale, installation and service of residential home elevators, Stiltz, limited use limited application elevators (L.U.L.A), vertical wheelchair lifts, stair lifts, dumbwaiters, material handling lifts, patient lifts, and modular ramps.

Assistive Technology in NH (AT in NH)

University of New Hampshire
Institute on Disability
10 West Edge Drive, Suite 101
Durham, NH 03824
(603) 862-4320 or (800) 238-2048

www.atinnh.org

AT in NH has two main focuses; Training, Education and Outreach: AT Trainings, Classes, and Workshops and AT Policy and Assistive Technology Services: Equipment Demonstrations, Loans and Refurbishing/Recycling

Crotched Mountain ATECH Services

57 Regional Drive, Suite 7
Concord, NH 03301
(800) 932-5837 or (603) 226-2900
www.crotchedmountain.org

As the largest and most comprehensive provider of assistive technology services in New Hampshire, Crotched Mountain ATECH Services offers creative options for people of all ages and abilities.

Ride-Away

54 Wentworth Avenue
Londonderry, NH 03053
(800) 237-7979 or (603) 216-3964
www.ride-away.com

Ride-Away® is one of the largest wheelchair van dealers in the United States because we offer the industry's best service and product selection.

NH ATECH Services

67 Communications Drive
Laconia, NH 03246
Toll Free- 1-800-932-5387
(603) 528-3060
www.nhassitivetechnology.org

Assistive technology and devices for people with disabilities.

Adaptive Equipment

Northeast Passage

107 Hewitt Hall. UNH

Durham, NH 03824

Phone: 603-862-0070

<http://www.nepassage.org>

Explore health, wellness, access, sports and recreation with Northeast Passage, serving individuals with disabilities, their friends, families and communities.

Crotched Mountain, Refurbished Equipment Marketplace

57 Regional Drive, Suite 7

Concord, NH. 03301

Phone: (603)-226-2900

www.shoprem.com

Centralized depository of previously owned assistive technologies that have been donated, refurbished, and made available for purchase to individuals and dealers throughout New Hampshire.

Waterville Valley Foundation Adaptive Sports Programs

Box 253

Waterville Valley NH 03215

Contact: Kathy Chandler

Phone: 603-236-8311, ext. 3175

<http://www.waterville.com/info/winter/adaptive.asp>

Physically and mentally challenged children and adults team up with extraordinary volunteers and learn to ski down a snowy slope unencumbered by a wheelchair or braces.

Crotched Mountain Rehabilitation Center

Wheelchair Seating and Mobility Clinic

1 Verney Drive

Greenfield, NH 03047

(603) 547-3311, Ext. 1597

www.crotchedmountain.org

Offering a lifelong alliance to people with disabilities.

The White Mountain Adaptive Ski School, Loon Mountain

RR1 Box 41

Lincoln, NH 03251

Contact: Geoff Krill

Phone: (603) 745-6281 ext. 5663

<http://www.dsusa-ne.org>

Dedicated to providing ski instruction and adaptive equipment to adults, teens and children with physical and cognitive disabilities.

Bretton Woods Adaptive Ski Program

Route 302

Bretton Woods, NH 03575

Phone: 603-278-3398

http://www.brettonwoods.com/alpineski/?edit_id=87

Serves the whole family, making it possible for everyone to enjoy the thrill of skiing regardless of disability

Huggins Hospital Adaptive Sports Program

240 South Main Street

Wolfeboro, NH 03894

Contact: Jennifer Fraser PT

Phone: 603-569-3022

<http://www.hugginshospital.org>

Programs offered are Adaptive Ski Program at King Pine Ski Area, Therapeutic Riding Program, Adaptive Biking, Children's Tennis. Equipment available for use - by reservation in lesson programs: Mono Ski, Bi Ski, Dual Ski, Three Track, Four Track, Slider-Glider, Two Track Adaptive - Children's Starter Tennis Equipment

New England Handicapped Sports Association [NEHSA]

P.O. Box 2135

Newbury, NH 03255-2135

Contact: Tom Kersey

Phone: 603-763-9158

<http://www.nehsa.org>

NEHSA bears witness to the triumph of the human spirit by helping people with disabilities and their families enrich their lives through adaptive sports, recreation and social activities.

AbilityPLUS

P.O. Box 253

Waterville Valley, NH 03850

Phone: 978-365-6200

<http://www.abilityplus.org>

Dedicated to helping disabled people of all abilities realize their dreams of inclusion through adaptive skiing and other recreation opportunities.

Recreation Leisure

Northeast Passage

107 Hewitt Hall. UNH

Durham, NH 03824

Phone: 603-862-0070

<http://www.nepassage.org>

Explore health, wellness, access, sports and recreation with Northeast Passage, serving individuals with disabilities, their friends, families and communities.

Crotched Mountain Accessible Recreation & Sports (CMARS)

1 Verney Drive

Greenfield, NH 03047

(603) 547-3311, Ext. 1664

<http://www.crotchedmountain.org>

Offering a lifelong alliance to people with disabilities.

Disabled Sports USA

451 Hungerford Drive, Suite 100,

Rockville, Maryland 20850

1.301.217.0960

<http://www.disabledsportsusa.org/>

Providing adaptive sports opportunities for people with disabilities to develop independence, confidence and fitness through sports.

National Wheelchair Basketball Association

1130 Elkton St, Suite C
Colorado Springs, CO 80907
Phone: 719.266.4082
Fax: 719.266.4876

www.nwba.org

The National Wheelchair Basketball Association provides individuals with physical disabilities the opportunity to play, learn, and compete in the sport of wheelchair basketball.

National Wheelchair Softball Association

Commissioner
Bruce Froendt
13414 Paul Street
Omaha, NE 68154
402-305-5020

www.wheelchairsoftball.org

Wheelchair softball is an exciting and challenging summer sport that enables most wheelchair users to compete.

Wheelchair Sports Federation

6454 82nd Street, Suite 2
Middle Village, NY 11379-2329
(917) 519-2622

www.wheelchairsportsfederation.org

National non-profit that provides opportunities for the disabled and wheelchair-bound adults and youth to play sports recreationally and competitively.

Ms. Wheelchair America

PO Box 86

Bryon Center MI 49315

1-877-679-4335

www.mswheelchairamerica.org

Ms. Wheelchair America provides an opportunity of achievement for women who happen to be wheelchair users to successfully educate and advocate for the more than 54 million Americans living with disabilities.

U.S Quad Rugby Association

<http://usqra.org/>

The United States Quad Rugby Association exists to provide opportunity, support, and structure for competitive wheelchair rugby to people with disabilities.

Wheelchair Sports and Recreation Association, Inc

2001 Marina Drive, Suite 113W

North Quincy, MA 02171

(617) 773-7251

<http://www.wheelchairsportsandrecreation.com/>

Wheelchair Sports and Recreation Association, Inc works in the use of recreational and sports activities among the newly disabled as catalysts for regaining active, invigorating lifestyles.

CAPEable Adventures, Inc.

51 Chipman Rd.

Sandwich, Massachusetts 02563

508-566-3298

<http://www.capeableadventures.org>

Activities: Hiking, kayaking, fishing, camping, swimming

Lakes Region Disabled Sports at Gunstock

PO Box 1307

Gilford, New Hampshire 03247

603-737-4365

Toll Free at 1-800-GUNSTOCK ext. 165

<http://www.gunstockadaptive.org/home>

Activities: Alpine downhill skiing, snowboarding

National Alliance for Accessible Golf

One World Golf Place

St. Augustine, FL 32092-2724

(904) 940-4204

www.accessgolf.org

Couples community programs and resources to enhance opportunities for people with disabilities to become involved in the game of golf.

Access Sport America

119 High Street

Acton, MA01720

978-264-0985

Toll Free: 866-457-7678

www.windsurf.org

Inspires higher function and fitness for children and adults of all disabilities through high-challenge sports and training.

Waypoint Adventure

Newtonville Ave.

Newton, MA 02458

617-244-5472

www.waypointadventure.org

Help youth and adults with disabilities discover their purpose, talents and strengths through the transforming power of adventure.

Travel

Society For Accessible Travel and Hospitality (SATH)

1489 West Palmetto Park Road
Suite 495 Boca Raton, FL 33486
1-800-513-1126
www.sath.org

Access-ABLE Travel Source

PO Box 1796
Wheat Ridge, CO 80034
Phone: 1-303-232-2979
www.access-able.com

Salter Transportation Inc.

196 Scotland Road
Newbury, MA 01951
(978) 462-6433
www.saltertrans.com

Accessible Journeys, Inc.

Toll Free: 1-800-846-4537
Phone: (610) 521-0339
www.accessiblejourneys.com

Medical Travel, Inc.

Toll Free: 1-800-308-2503
Phone: (407) 438-8010
www.medicaltravel.org

Comm Trans

792 South Cooper Street
Memphis, TN 38104
Toll Free: 1-800-737-9394
www.commtrans.com

Allied Community Services, Inc.

3 Pearson Way
Enfield, CT 06082-2655
Phone: (860) 741-3701
www.alliedgroup.org

Disabled Travelers

<http://www.disabledtravelers.com>

**Accessible parks/ recreation attractions
Please refer to:**

New Hampshire

<http://www.visitnh.gov/welcome-to-nh/accessibility.aspx>

Massachusetts

<http://www.mass.gov/eea/agencies/dcr/>

Completed by:

Danielle DeFranzo

University of New Hampshire

Internship: Summer 2014